

# BROKERS WEEKLY

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THE RESIDENTIAL MARKETPLACE

A Real Estate Weekly Publication

March 10, 2010

## FAVORITE THINGS



The spa at The Setai is a favorite of Khashy Eyn, president of the downtown brokerage Platinum.

## Massage makes it all better

By LINDA O'FLANAGAN

After a long day pounding the mean streets, brokers deserve a little R&R.

This week, we get the low-down on where to get the best massage in the city ...

**Deborah Abraham** at C21NY Metro has two favorite massage places that she says are at total opposite ends of the spectrum for massage experiences ...

"My first is the Tenth Street Bath House in the East Village. It's Russian and Turkish Baths ... this is a no frills experience that is very easy on the budget and which I am drawn to whenever I really need my body worked."

Wednesday mornings at Tenth Street are for women only and, Deborah tells us, the "immaculate facility" features a rock room that is ultra, ultra hot for the optimal sauna experience, a turkish sauna, red wood sauna, steam room, Swedish shower, ice cold immersing pool, aromatherapy room and sundeck.

"The female Russian masseuses here are amazing and give Russian/Swedish massages, thai/sports massage, soap massage, salt scrubs, platza oak leaf treatments as well as dead sea mud treatments ..."

When she's in the mood to truly pamper herself, Deborah goes to Bliss 49 in the W Hotel on Lexington and 49th.

"It's the ultimate spa experience, wrapped in a fluffy white terry robe, you can select any number of beauty treatments and massage all at moderate spa pricing," says Deborah. "This is the only NY Bliss spa location with a personal steam shower and sauna, the lounges are plush, quiet and offer nutritious and decadent snacks."

When she needs to unwind after a long day, **Jesenia Ortiz** at C21NY Metro heads to the Bliss Spa in Soho. "It's my little getaway," she says. "The staff and the atmosphere is divine. From massages to facials, it's a definite go-to after a stressful day. I recommend their hot stone massage."

**Victoria Shtainer**, senior vice president at Prudential Douglas Elliman enjoys Graceful Services on 56th Street. "They have excellent masseuses. The rates are \$60 for 60 minutes, or \$90 for 90 minutes. It is not

super luxurious, but the massage is great!"

**Jana Angelakis**, a salesperson Citi Habitats Relocation, reveals, "My favorite place is in my apartment. A massage therapist comes to me. Relaxation music playing from Music Choice, candles and peace and quiet in my home, not a spa or nail salon.

"The best thing is that I can throw a robe on and continue enjoying the after-glow of the massage. No getting dressed or hopping on the subway or catching a cab and getting stressed before I have a chance to savor and enjoy the benefits of the massage."

**Citi Habitats** agent **Anna Zarro** says the spa at the Mandarin is exceptional, however, "I like Juvenex Spa in K-Town because it offers the convenience of 24-hour service, which for any busy broker is key, and does so at great value.

"They have you enjoy a sequence of soaking tubs, sauna and steam rooms, offer a full menu of services, packages and are exclusive to women 7 a.m. to 5 p.m. and from 5 p.m. on are co-ed (bathing suit required in common areas) so you can enjoy with friends, co-workers or a significant other. They provide teas, water, fresh fruit and great service."

**Lesley Steiner**, an associate broker at C21NY Metro, says her favorite massage is on her feet. "I go to Relax Foot Spa on Hester Street. With all the walking we do, it's the best investment. Just a 15 minute massage is well worth it."

**Khashy Eyn**, president of the downtown brokerage Platinum says his favorite place to get a massage in the city is at The Setai, New York.

"I love the ambiance and overall aesthetic of the place, and The Setai is a great place to relax after a long day at work."

Khashy Eyn (top), Anna Zarro (right) and Jana Angelakis.

